

TEMPORARY MEDICAL CARD

VALID FOR

The Windsor Lions Sponsored Ride Only

ANY RIDER WHO HAS A FALL SHOULD BE CHECKED BY AN OFFICIAL AND/OR A DOCTOR BEFORE CONTINUING. THE OFFICIAL OR DOCTOR MAY SUSPEND THE RIDER ON MEDICAL GROUNDS IF IN THEIR VIEW THE RIDER SHOULD NOT CONTINUE.

PLEASE COMPLETE ALL SECTIONS

NAME (IN FULL)

DATE OF BIRTH

RELIGION

PERMANENT ADDRESS

POSTCODE

TEL. NO.

NAME OF YOUR GP

ADDRESS

POSTCODE

TEL. NO.

NEXT OF KIN

NAME

RELATIONSHIP TO CARD HOLDER

ADDRESS

POSTCODE

TEL. NO.

HORSE BOX DETAILS

CONTACT NAME (at event).....

CONTACTS NUMBER (at event).....

COLOUR

REGISTRATION NO

I have read, understood and agree to abide by the terms of entry

Signed

Dated.....

PREVIOUS MEDICAL HISTORY

PREVIOUS INJURIES	YES	NO	SPECIFY WITH DATES
HEAD			
CONCUSSION			
FACE			
NECK			
BACK			
CHEST			
ABDOMEN			
LIMBS			

PREVIOUS SURGICAL OPERATION(S): YES/NO IF YES, SPECIFY WITH DATE(S)

MEDICAL CONDITIONS	YES	NO	CURRENT MEDICATIONS
DIABETES			
EPILEPSY			
BLACKOUTS			
ASTHMA			
HEART			
LUNG			
KIDNEY			
OTHER			

MEDICAL CONDITIONS	YES	NO	CURRENT MEDICATIONS
DIABETES			
EPILEPSY			
BLACKOUTS			
ASTHMA			
HEART			
LUNG			
KIDNEY			
OTHER			

CONTINUED	YES	NO	SPECIFY WITH DETAILS
DO YOU HAVE NORMAL PUPILS?			
DO YOU WEAR CONTACT LENSES?			
DO YOU HAVE NORMAL HEARING?			
DO YOU HAVE ANY ALLERGIES?			
ARE YOU ON ANY MEDICATION?			
ARE YOU ON CORTISONE (STEROIDS)?			
HAVE YOU EVER REQUIRED CORTISONE (STEROID) TREATMENT?			

BLOOD GROUP?

DATE OF LAST TETANUS IMMUNISATION.....

Terms of Entry

INSURANCE: A necessity unfortunately; whilst the Lions Club of Windsor arranges insurance to protect its own liabilities, riders must ensure that they are suitably insured for a public event.

No claims can be entertained for anything that may happen to competitors, onlookers, their property, servants or horses in connection with or arising out of the event. It shall be considered a condition of entry that each entrant shall agree to indemnify the promoters against any legal action arising from such accidents.

1 The ride is open to horses and ponies 4 years old and upwards.

2 The ride will be approximately 8-9 miles long and will include 20 obstacles such as would be met out hunting. Riders who choose to enter **the riders course** cannot attempt any of the obstacle jumps. Riders will be issued with a number which will indicate which course they are riding. Marshalls will direct entrants accordingly. For riders entering **the obstacle course**, the obstacles are optional and any one (or several) may be omitted by the rider. There will be a choice between jumps suitable for the novice (70cm approx) and those of a more testing nature for the experienced rider (90cm to 150cm approx). There will be no elimination for refusal and each rider is allowed up to three attempts at each obstacle. After the third refusal the obstacle must be omitted and no further attempts at the obstacle will be permitted under any circumstances.

3 Failure to carry out instructions of course stewards may lead to disqualification. Competitors may drop out en-route but must notify the nearest steward if they do so. Retiring competitors will be issued with a certificate showing the number of fences up to retirement on application to the secretary's tent.

4 Prizes (time does not count), riders who jump 20 fences either novice or expert will be awarded a rosette. Every rider who participates will be awarded a commemorative rosette. A special rosette will be presented to all riders who raise in excess of £100 in sponsorship.

5 All riders must wear hard hats, riders participating in the jumping course must also wear body protectors conforming to (EN13158) BETA Level 3. All riders are required to complete a rider's details and medical card to be carried in an armband holder or if not possible in an outside pocket. Dress optional.

6 The route will be clearly marked with white flags and ridden mainly on grass tracks. Obstacles and road crossings will be attended and the route supervised by Stewards.

7 The decision of the committee on any matter shall be final.

8 No claims can be entertained for anything that may happen to competitors, onlookers, their property, servants or horses in connection with or arising out of the event. It shall be considered a condition of entry that each entrant shall agree to indemnify the promoters against any legal action arising from such accidents.

9 All dogs brought to the event must be kept on leads.

10 On receipt of entry forms, competitors will be allocated a number and notified of the starting day and time. On arrival at the start please report at once to the Secretary's tent and deposit your sponsor form (to be collected at the end of your ride with certificate showing fences jumped) and collect your number. competitors will start in pairs at intervals. Late arrivals will have to wait until the starter can accept them.

11 Appropriate entry fee of £20.00 or £40.00 (see entry form) and a stamp addressed envelope to be sent with completed entry form for each horse entered. In the unlikely event of cancellation by ourselves, entry fees (less deduction of expenses) will be refunded. Refunds by application to Entries Secretary, Mr. J. Jenkins (address below). Any remaining monies will be distributed to the named charities.

12 There are no minimum sponsorship requirements and is at the discretion of the rider. It should be stressed to all potential sponsors that the whole of the proceeds will go to the charities named. The object of the Horseride, is through your enjoyment to raise money and so all competitors are urged to make a great effort to get as many sponsors as possible to help achieve a worthwhile total.

13 We will automatically create a secure online donation website using **Just Giving** to help you generate sponsorship easily and personally. This tool is for your optional use but we do encourage you to try it to see the benefits for yourself.

14 Changed riders or riders who arrive at Smith's Lawn without a proper entry having previously been made WILL NOT BE ACCEPTED.

15. Entries will close 10 days before the event or when full, whichever is sooner.